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FOR IMMEDIATE RELEASE January 28, 2022

County Wide COVID-19 Update

The health department monitors the health of county residents. The following is an update to inform the community of the current status of the COVID-19 pandemic in Cowley County.

Respiratory infections in Cowley County continue to occur at high levels. This overall condition is expected to slowly decline in the next 4-6 weeks. All residents are urged to take all available precautions to avoid the contraction and spread of illness.

LOCAL SCHOOLS:

Local schools have needed to adjust schedules and have closed attendance centers intermittently due to large scale absences of students and staff. These actions will likely continue from time to time as we pass through the current period of high illness. Students that are showing symptoms of illness should closely follow the district policies for COVID-19 infect. Contact the school RN if you have questions about local testing for students.

In the coming weeks the Health Department will reach out to the local districts that may wish to amend their gating (attendance) plans. We will work with them to tailor plans that will shorten time away from school so long as testing to stay and learn methodologies are used. We will protect people who take ill from being rushed back to work or school as long as they are ill. The PHO will review illness data from our community next week and will propose any changes as they become needed. As of this date Cowley County will maintain the 10-day isolation protocol for people who test positive for SARS-CoV2.

COVID-19 TESTING:

During the past week we have noted a drop in the requests for testing county wide. This is considered a good early indicator that illness may be starting to slow.

The Health Department is still providing testing and we have established new relationships with laboratories to have results returned rapidly. If you begin to feel ill you are advised to test to learn if you may have COVID in order to help stop the spread of illness. If you develop symptoms and need a test please contact the Winfield Office and staff will help you, detail the process, and get you scheduled.

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COWLEY COUNTY ILLNESS REPORT BY THE NUMBERS:

The positivity rate for the last seven days has declined to 19.6%. Testing volumes are slowing and are back near 100 people per day in the county. That is about half of where we were 10 days ago.

Since the start of the pandemic, nearly 9,700 COVID cases have been confirmed in Cowley County. Four thousand one hundred fifty-nine (4,159) of those cases have occurred during 2021 (as of December 30^{th)}. Overall, one hundred fourty-five (145) Cowley County residents have died from complications related to COVID-19 since March of 2020.

Month to month new case information is presented numerically in the tables below:

| Month/Year | r | New Cases |
|------------|-------|-----------|
| January | 2021 | 828 |
| February | 2021 | 304 |
| March | 2021 | 90 |
| April | 2021 | 47 |
| May | 2021 | 59 |
| June | 2021 | 28 |
| July | 2021 | 153 |
| August | 2021 | 488 |
| September | 2021 | 592 |
| October | 2021 | 386 |
| November | 2021 | 606 |
| December | 2021* | 653 |
| TOTAL | | 4159 |

| Month/Year | January 2021 | January 2022* |
|------------|-----------------|------------------|
| New Cases | 828 | 2547 |

| Year Total | 2021 | 2022 |
|-------------|------|------|
| Total Cases | 4159 | 2547 |
| % of cases | 100% | 61% |

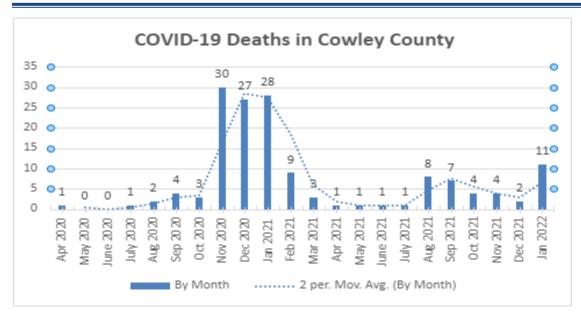
This chart details what is happening currently. 2547 new cases in 27 days. Surpasses the highest ever monthly total. The current illness numbers are equivelent to 61% of the yearly total for 2021.

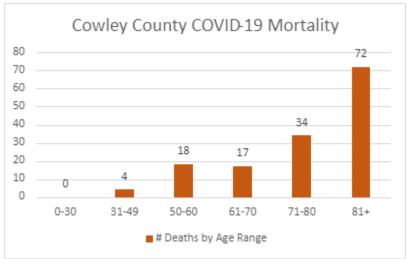
In January we have recored 11 more deaths connected to COVID infection on Cowley County residents. Our total now stands at 145.

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Cowley County remains identified as an area where infection remains widespread. The Kansas Department of Health and Environment has updated their reporting of the ongoing pandemic for the state and individual counties including weekly county rankings. You can visit their website for more data: https://www.coronavirus.kdheks.gov/160/COVID-19-in-Kansas.

PERSONAL CARE AND ILLNESS PREVENTION:

Remember your individual health status is vital in combating illness of all kinds.

Maintaining a healthy lifestyle includes eating nutritious foods, maintaining a healthy body weight, staying physically active, drinking plenty of water and getting adequate rest.

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If you and your doctor believe the use of vitamins and supplements can aid in keeping you healthy please use them.

At this point in time, we have gone over and over the steps people should take to prevent the contraction and spread of a respiratory virus. Please take those precautions to protect yourself and your loved ones.

If you do become ill, please do not participate in any group events until after you have fully recovered from your illness. For as long as the pandemic persists Cowley County residents are advised to take all necessary precautions to prevent the contraction and spread of ANY illness.

- Stay home if you feel ill.
- If you develop symptoms of illness, be tested to determine if you are infected.
- Wash your hands frequently and use hand sanitizer.
- Clean high touch surfaces with disinfecting cleaners (doors, counters etc.).
- Wear a mask that properly covers your nose and mouth in public.
- Avoid crowds and large social gatherings.
- When ill you MUST stay home and isolate from others so you will not spread the virus or any other illness.
- Please be kind and respectful of others.

The next health update will be published Friday, February 4, 2022

Stay well.